

GENERAL CO2 PRE-PROCEDURE INSTRUCTIONS

Required Prescription Medications: *Pick up at least 7 days before procedure*

- Cephalexin (antibiotic)
- Valacyclovir (antiviral)
- Fluconazole (antiyeast)
- Optional: Ativan, Norco

Required Over-The-Counter Supplies: *Purchase BEFORE your procedure*

- A large tube of Aquaphor Healing Ointment
- Cetaphil Gentle Skin Cleanser
- White Vinegar (for vinegar/water compresses)
- Large plastic bowl (for compresses)
- Clean washcloths or 4x4 gauze (for compress)
- Benadryl pills NOT CREAM (for itching)

ON THE DAY OF YOUR PROCEDURE:

- Eat as usual and take your prescribed medications.
- Come to the office with clean skin (clean shaven if male). No makeup, creams, perfumes, or lotions.
- Come to the office with freshly shampooed hair and pulled back away from your face. No hair care products.
- Comfortable clothes should be worn. Wear a button down shirt. No pullovers.
- Do not wear contact lenses. Bring your eyeglasses.
- Do not wear any jewelry (earrings, necklaces).
- Bring a brimmed hat and sunglasses to wear after your procedure.
- If you have an active cold sore or skin infection or have had excessive sun exposure, your procedure will be canceled.

**PLEASE DO NOT HESITATE TO CALL OUR OFFICE IF YOU HAVE ANY QUESTIONS.
DO NOT WAIT UNTIL THE LAST MINUTE TO ASK QUESTIONS.
DO NOT WAIT UNTIL THE LAST MINUTE TO PICK UP PRESCRIPTIONS AND SUPPLIES.**