



## TREATMENT WITH LIQUID NITROGEN

Liquid nitrogen is used to treat growths such as warts or keratoses. It is applied to the top of the lesion until freezing occurs throughout the area which we are trying to destroy, and a little of the tissue around it.

You may expect some pain during the treatment and for a short time afterward. A blister will probably form within the first 24 hours, and may be filled with clear fluid, or a dark bloody fluid. The roof of the blister serves to protect the healing skin underneath, and it should be left intact. If the area hurts a great deal from the pressure of the fluid, you may prick the blister at the edge with a sterilized needle to allow the blister fluid to escape. You may leave the treated area open to the air, or if you would like to protect the area from being rubbed, a bandage may be applied loosely. If pain is troublesome, ibuprofen will usually relieve it.

The roof of the blister will usually dry within about 1-2 weeks, depending upon the size and depth of the treated area. The skin underneath may be a reddish color and there might be a little scarring where the area was treated.

Sometimes, even the most careful treatment, there may be regrowth. If this happens, return so that it may be treated before it becomes large. Please call our office at **(916) 784-7546** if you have any questions or if there are signs of infection, such as pus.