

PRE-SURGERY INFORMATION

You are scheduled for an in-office surgical procedure. Unless otherwise instructed, please eat normally and take all regularly prescribed medications. After surgery, there will be temporary restrictions on sports, dancing, or other physical activity.

Cautions-- Please tell us if:

1. You have ever had a reaction to a local anesthetic such as lidocaine.
2. You have heart trouble.
3. You have a pacemaker.
4. You are taking aspirin (Tylenol is OK)
5. You are taking anti-inflammatory or anti-arthritis medicines.
6. You are taking blood thinners.

• *Please discontinue the following medications and supplements 1 week before your procedure: Motrin, Advil, Aleve, Aspirin, Vitamin E, ginko biloba, ginseng, garlic, St John's wort, and fish oil.*

• *If you have a history of stroke, heart attack or blood clots, please continue the aspirin or other medications prescribed by your doctor.*

Post-Surgery Care:

Your wound will be bandaged, and you will be given written instructions telling you exactly how to take care of it. Postoperative discomfort is usually mild, and lasts only 12 to 24 hours after surgery. If it lasts longer, or if you have severe pain, please call our office. If a painkiller is needed, take Tylenol.

Stiches are used to close the wound after surgery. Stiches are usually taken out 7 to 14 days after surgery and only takes a few minutes to remove.

If you have any questions, please do not hesitate to call us at 916.784.7546